



November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	01 NO SCHOOL	02
03	04 RTE Cold Cereal – 1oz Fresh Fruit – 1c Milk	05 Blueberry Muffins 100% Juice – 1c Milk	06 Whole Wheat Bagel w/Cream Cheese – 2oz 100% Juice – 1c Milk	07 NO SCHOOL	08 NO SCHOOL	09
10	11 RTE Cold Cereal – 1oz Fresh Fruit – 1c Milk	12 Blueberry Muffins 100% Juice – 1c Milk	13 Whole Wheat Bagel w/Cream Cheese – 2oz 100% Juice – 1c Milk	14 Flavored Yogurt – 4oz Fresh Fruit – 1c Milk	15 RTE Cold Cereal – 1oz Fresh Fruit – 1c Milk	16
17	18 RTE Cold Cereal – 1oz Fresh Fruit – 1c Milk	19 Blueberry Muffins 100% Juice – 1c Milk	20 Whole Wheat Bagel w/Cream Cheese – 2oz 100% Juice – 1c Milk	21 Flavored Yogurt – 4oz Fresh Fruit – 1c Milk	22 RTE Cold Cereal – 1oz Fresh Fruit – 1c Milk	23
24	25 RTE Cold Cereal – 1oz Fresh Fruit – 1c Milk	26 Blueberry Muffins 100% Juice – 1c Milk	27 Whole Wheat Bagel w/Cream Cheese – 2oz 100% Juice – 1c Milk	28 NO SCHOOL	29 NO SCHOOL	30
01	02	03	04	05	06	07